



### Additional things to consider as your student transitions to adulthood:

- Shift of advocacy from parent to student
- Obtaining a driver's license
- Applying for college financial aid
- Independent living/life skills
- Guardianship
- Person Centered Planning
- The short- and long-term educational, social, and emotional impacts of COVID-19 on your student



As you begin thinking about your student's future, their long-term goals and the services and supports needed to meet those goals, know that you are not alone. Contact your BEGINNINGS Parent Educator to schedule a home visit. If you need assistance in connecting with a Parent Educator, please contact our office.



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*"To begin with the end in mind means to start with a clear understanding of your destination. It means to know where you are going so that you better understand where you are now and so that the steps you take are in the right direction."*

STEPHEN R. COVEY

**BEGINNINGS**  
for Parents of Children Who  
are Deaf or Hard of Hearing

800.541.4327  
(North Carolina Only)

919.715.4092

[ncbegin.org](http://ncbegin.org)



**TRANSITION TO ADULTHOOD**  
*GUIDANCE for YOUR FAMILY*



*Transition Planning  
is Future Planning*

**Let's start this  
process together!**

[ncbegin.org](http://ncbegin.org)

## Start Planning Early

Transition to adulthood is a process all students go through as they move from middle school through high school and on to the next step towards their adult life. This can be a challenging time, and it is essential that students and their families begin transition planning early and have a plan in place to guide them through this stage of life.

As you and your student begin this process together, it is important to consider the long-term goals. What do you envision for their future? What are their goals and dreams? What do you currently manage for them that they will need to do on their own after high school? How can you best prepare them? If you and your student have a clear vision, they are more likely to achieve their goals. Early transition planning can be crucial, and BEGINNINGS Parent Educators are available to assist your family through this journey.



## FREE SUPPORT

[www.ncbegin.org](http://www.ncbegin.org)

919.715.4092

BEGINNINGS Parent Educators are available to support your family at no cost to you, regardless of whether your child has an IEP, 504 plan, or no formal educational plan in place. Even if it may have been a number of years since you have had contact with your Parent Educator, this would be an opportune time to reach out and request a home visit!

### Your Parent Educator can help address questions and concerns you may have, such as:

- What should I expect my student's role to be in the transition process as they prepare for adulthood?
- Why do we need to start talking about this now?
- How should they be involved in their IEP or 504 plan? What does that look like?
- How can they access student support services and accommodations in college?
- What are the challenges that COVID 19 has created for their education, social skills, and emotional well-being?
- How do they apply for jobs? Are there any resources to assist them with on-the-job skills? What about employment accommodations?
- How can they learn to advocate for themselves at home, in school, and in their community?
- They don't fully understand their hearing loss. Who can help us with this?
- My child needs an interpreter; how will they be able to access interpreters outside of school?
- What are the laws that protect them after high school?

**These are just some of the questions parents may have as their student transitions to adult life after high school.**

**Do you have these questions or share some of the same concerns?**

Please reach out to your Parent Educator and schedule a home visit so they can guide you to finding answers to these and other questions you may have. Home visits are tailored to fit the needs of each individual family and your Parent Educator can discuss your student's specific goals and how to help prepare them for success.